



MODERN AESTHETIC
PLASTIC SURGERY

Hydrafacial®

Hydrafacial offers a unique hydradermabrasion treatment that combines cleansing, gentle exfoliation, extraction, and hydration in one step—delivering clearer, more radiant skin with little to no downtime.

This non-invasive, soothing procedure suits most skin types and typically causes minimal irritation. Many patients notice immediate improvements in skin tone and texture, though results vary based on individual skin concerns and conditions.

WHAT TO EXPECT DURING AND IMMEDIATELY AFTER TREATMENT

Temporary irritation, tightness, or redness can occur after treatment—common reactions that typically resolve within 72 hours, depending on individual skin sensitivity.

Tingling or stinging sensations may arise in the treated area and usually subside within three hours.

Client experiences vary; in some cases, symptoms may appear later than expected. Contact the office immediately if you notice any unusual side effects or if symptoms worsen over time.

NEXT STEPS

Most clients notice immediate improvement in skin texture and hydration, with results lasting one to four weeks. To enhance and prolong your results, consider using recommended take-home products and scheduling monthly Hydrafacial treatments.

The treated area becomes more susceptible to sunburn, sun damage, and hyperpigmentation—limit direct sun exposure and apply a broad-spectrum sunscreen with SPF 40 or higher daily.

Avoid aggressive exfoliation, waxing, and products containing acids in the treatment area for at least two weeks before and after treatment. Discontinue the use of Retin-A or retinoid-based products during the same timeframe to reduce the risk of irritation or adverse effects.

GOOD SKINCARE THROUGH A HEALTHY LIFESTYLE

MAINTAIN YOUR SKIN HEALTH BY FOLLOWING THE FOLLOWING RECOMMENDATIONS

- ☐ DRINK PLENTY OF WATER
- ☐ EAT A BALANCE DIET
- ☐ TAKE A DAILY VITAMIN
- ☐ GET PLENTY OF SLEEP
- ☐ AVOID SMOKING
- ☐ EXERCISE REGULARLY
- ☐ AVOID TANNING BEDS
- ☐ MANAGE DAILY STRESS
- ☐ MINIMIZE ALCOHOL CONSUMPTION